



NAME GAME WITH SYLLABLES

Type: Name Game



AGE:
8 years and up



GROUP SIZE:
Any



RESOURCES:
None

Description:

A great warm-up that also helps a new group to learn each other's names.

Instruction:

Everyone stands in a circle. First person says their name, with an action for each syllable. Example: Ma-ry has 2 syllables, so she does something like "Ma-" (waves right hand) "-ry" (claps hands). Everyone repeats this saying the name and doing the actions together. Then the second person does the same and you go around the circle. It can be fun at the end to see if everyone together can go around the whole circle and remember all the names and actions.

You can also make this game simpler by just doing the name and one action, rather than an action per syllable.